

MEET & EAT

25.09.23 to 29.09.23

Day	Breakfast	Lunch	Bus
Monday 25.09.2023	Egg Sandwich, Fried Egg, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Chicken 65, Plain Rice, Mixed Dal, Vegetable of the Day.	Banana Cake
Wednesday 27.09.2023	Pancake, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Egg Ghee Roast, Jeera Rice, Salad, Plain Rice, Mixed Dal, Vegetable of the Day.	Homemade Nachos Chips
Friday 29.09.2023	Upma, Omelette, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Mac & Cheese Chicken/ Vegetable Pasta, Plain Rice, Mixed Dal, Vegetable of the Day.	Muffins

All our meals are prepared with minimal fats and no spices which make them suitable for young stomachs

**Options for Everyday:
Milk + Toast+ Cereals for Breakfast &
Dal + Rice + A Vegetable/Salad for Lunch.**