

MEET & EAT

16.10.23 to 19.10.23

Day	Breakfast	Mid Morning	Lunch	Evening	Bus
Monday 16.10.23	Cheese Sandwich, Fried Egg, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Lemonade	Chicken Stew, Plain Rice, Mixed Dal, Vegetable of the Day.	Mini Pizza	Muffins
Tuesday 17.10.23	Frittata, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Milk	Egg Korma Plain Rice, Mixed Dal, Vegetable of the Day.	Veg Momo	Homemade Nachos Chips
Thursday 19.10.23	Chana Dal, Phulka, Boiled Egg Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Juice	Chicken Kosha, Luchi, Patishapta. Plain Rice, Mixed Dal, Vegetable of the Day.	Jalebi & Samosa	Banana

Options for Everyday:

All our meals are prepared with minimal fats and no spices which make them suitable for young stomachs

**Milk + Toast + Cereals for Breakfast &
Dal + Rice + A Vegetable/Salad for Lunch.**