

MEET & EAT

20.11.23 to 23.11.23

Day	Breakfast	Mid Morning	Lunch	Evening	Bus
Monday 20.11.23	Chinese Omelette, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Milk	Egg Biryani, Plain Rice, Mixed Dal, Vegetable of the Day.	Mini Veg Wrap	Muffins
Tuesday 21.11.23	Phulka, Chola, Boiled Egg, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Juice	Chicken / Vegetable Pasta, Coleslaw, Plain Rice, Mixed Dal, Vegetable of the Day.	Home Made Nachos	Dry Cake
Wednesday 22.11.23	Idli, Omelette, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Lemonade	Chicken Korma, Pulao, Plain Rice, Mixed Dal, Vegetable of the Day.	Veg Momo	Banana
Thursday 23.11.23	Cheese Sandwich, Fruit. Cereal with Milk, Atta Bread with Butter & Jam.	Horlicks	Soya Chunks Masala, Peas Pulao, Plain Rice, Mixed Dal, Vegetable of the Day, Seviyan Kheer.	Ultimate Sooji Crisp Bites	Cheese Straw

Options for Everyday:

All our meals are prepared with minimal fats and no spices which make them suitable for young stomachs

Milk + Toast + Cereals for Breakfast & Dal + Rice + A Vegetable/Salad for Lunch.